



Hilder Road State School Tuckshop

Term 4, 2009 Pricelist

MORNING TEA ONLY

Monday to Friday

Garlic Bread.....	\$0.25
Frozen Fruit.....	\$0.30
Popcorn.....	\$0.40
Jelly Cup.....	\$0.60
Custard Cup.....	\$0.80
Raisin Toast	\$0.80
Buttered Dinner Roll	\$0.80
Cheese/Crackers.....	\$0.90
Slinky Apple.....	\$0.90
Slinky - Apple from home..	\$0.10
Red Rock Plain Chips.....	\$1.00
Pretzels	\$1.00
Piranha BBQ Chips	\$1.00
Piranha Salt & Vinegar	\$1.00
Cheese/carrot/cucumber/ tomato Cup.....	\$1.00
Cheese/lettuce/pineapple/ sultana Cup	\$1.00
Ham & Cheese Melt.....	\$1.20
Cheesy Garlic Melt	\$1.20
Vegemite Fingers	\$1.20
Frozen Yoghurt	\$1.60
Hot Lite Apple Pie	\$1.80

MORNING TEA SPECIALS

Monday to Friday Morning Tea Combo \$3.00

Your choice of:

- Muffin/cake/slice, Slinky Apple, Chocolate Milk
- 3 Garlic Bread, Custard, Chocolate Milk
- Ham/Cheese Melt, Popcorn, Chocolate Milk
- Raisin Toast, Jelly, Chocolate Milk

Tuesday & Thursday Morning Tea Special \$1.20:

Seasoned Potato Wedges

LUNCH

Tuesday, Thursday & Friday

Sandwiches, Rolls & Wraps (Green)

Vegemite	\$1.20
Egg & Lettuce.....	\$2.60
Ham.....	\$2.60
Cheese.....	\$2.60
Cheese & Tomato.....	\$3.00
Ham & Cheese.....	\$3.20
Ham, Cheese & Tomato.....	\$3.50
Ham, Cheese & Pineapple.....	\$3.50
Salad.....	\$3.50
Salad Box	\$3.50
(lettuce/tomato/carrot/ cucumber/pineapple/ beetroot/cheese)	
Add ham or egg	\$0.70
Or chicken to salad	\$1.00
Chicken.....	\$3.60
Chicken & Cheese.....	\$3.80
Ham & Salad.....	\$4.00
Cheese & Salad	\$4.00
Chicken & Salad	\$4.50
* Toasted add 20c	
* Wholemeal bread for sandwiches	
* White bread for toasted sandwiches	

HOT FOOD (Amber)

Chicken Chips.....	\$0.40
Party Pie	\$0.90
Quiche	\$1.20
Mini Hot Dog	\$1.40
Sausage Roll	\$2.00
(Kool Skool)	
Spud/Cheese	\$2.00
Quiche & Salad	\$2.20
Spud/Cheese/Ham	\$2.50
Nachos	\$2.50
Kool Skool Pie	\$2.60
Hot Dog	\$2.80
Lasagne	\$3.00
Delma Special	\$3.50
(Chicken Chips/lettuce/ mayo roll)	
Extra: Tomato, BBQ, sweet & sour sauces	\$0.20

ICEBLOCKS – LUNCH TIME

Items & prices vary from 80c to \$2.00	
Icy Fruit Sticks	\$0.40
Icy Fruit Sticks (half)	\$0.20
Fruit Slushy	\$1.50

LUNCH SPECIALS

Monday Meal Deals

Small \$4.00 or Large \$5.00

- 5th October - Fettuccine Carbonara & Trifle
- 12th October - Lamb Meatball Sub & Banana Custard
- 19th October - Pupil Free Day
- 26th October - Chicken Caesar Salad & Fruit Stick
- 2nd November - Bacon & Egg Pie with Salad & Frozen Yoghurt & Strawberries
- 9th November - Chicken and/or Tuna Sushi & Fruit Smoothie
- 16th November - Beef Noodles & Fruit Salad
- 23rd November - Macaroni Cheese & Frozen Juice
- 30th November - Pasta & Chicken Salad & Christmas Treat

Tuesday, Thursday & Friday Lunch Combo \$3.50

Your choice of:

- 2 Party Pies, Slinky Apple, Juice
- Sausage Roll, Slinky Apple, Juice
- 5 Chicken Chips, Slinky Apple, Juice

Wednesday Pizza & Pasta Day \$4.00

Your choice of:

- Pizza:** Meatlovers
Hawaiian
Vegetarian
- Pasta:** Bolognaise
Includes a Fuze Drink

DRINKS

Cup of Milk	\$0.60
Cup of Milk with Milo	\$0.80
Golden Circle Fruit Juice	\$1.40
(Orange, Apple & Mango, Apple & Tropical)	
Bottled Water 350ml	\$1.00
Bottled Water 600ml	\$1.50
Calcium Milk 250ml	\$1.60
(Chocolate/Strawberry)	
Play Water 350ml	\$1.70
Raspberry, Lemonade, Blackcurrant & Fruit Tingle)	

HILDER ROAD STATE SCHOOL



2009 'SMART CHOICE' TUCKSHOP MENU

Our 'Smart Choice' Tuckshop

In 2006 we introduced our "Smart Choice Healthy Menu" which is being implemented in accordance with the requirements of Queensland Health. Our menu complies with all the new changes.

Lunches

On Mondays we offer a Monday Meal Deal which is a special menu which changes each week. Tuesday, Thursday & Friday a full Tuckshop is available. Wednesday we sell a Pizza or Pasta Deal. More information may be viewed on our Menu.

Food may be purchased over the counter or by placing an order, **which is the preferred option**.

Morning Tea is available every day and we also offer Morning Tea Specials which may also be viewed on our Menu.

'Smart Choice Challenge'

To launch our new Smart Choice Menu we have introduced a weekly competition. The class that orders the "healthiest" tuckshop for the week is presented with a trophy on Assembly each Friday. The class holds the trophy for the week. At the end of each term a special prize will be awarded to the winning class.

How to Order from the Tuckshop

All food can be pre-ordered using a paper bag, with your child's name, class and which break the food is required, eg. Morning Tea or Lunch.

Separate bags need to be used when ordering both Morning Tea and Lunch. Please label "Sport" for any student participating in Friday Interschool Sport as students usually eat earlier on this day.

Payment should be placed inside the order bag as no credit is given.

If a paper bag is not provided please allow an extra 5c to cover the cost of the bag that will be provided by the Tuckshop. (Paper bags are on sale at the Tuckshop).

If you require any further information please contact Delma Day on 3300 5725 or 0405 139842.



Example →

Sue Butler 6F	
Morning Tea	
Salad no carrot	\$ 3.00
Strawberry Milk	\$ 1.60
Total Price	\$ 4.60
Amount Enclosed	\$ 5.00
Change Required	\$ 0.40